

Rotary
District 7930



World Peace and Understanding Dinner and Showcase

Educate • Advocate • Collaborate

February 28, 2018
DoubleTree by Hilton Boston North Shore
Danvers, Massachusetts

Showcase • 3-5 pm
Networking • 5-6 pm
Dinner • 6-8 pm

featuring

Middlesex County District Attorney Marian Ryan

Sponsored by



Lahey Health

A special thank you to Lahey Health for sponsoring the Showcase and additional funding to provide matching grants to Rotary Clubs in District 7930 to implement projects in the area of addiction.

World Peace and Understanding Dinner & Showcase

February 28, 2018

Life as we knew it is slowly slipping away. A whole generation is at risk due to the opioid epidemic and the lack of services and public/private support necessary to minimize the impact of addiction in general.

Each of the exhibitors assembled today are doing their best to respond to the needs of those who are suffering from this threat. For that, I thank you! Your commitment and compassion has been a beacon of hope for so many and certainly as this event was being planned, for me as well. The overwhelming response demonstrates the resolve that exists for each of us to Make a Difference!

“What can Rotarians do to help?”

We believe that we can help educate, advocate and collaborate. This is the basis of how this event has been visioned, designed and hopefully implemented.

- We recognize that we must educate Rotarians on the issues, the myths and help dispel the stigmas normally associated with addiction – that those who are suffering - deserve to know that they have others committed to the fight.
- Advocate in the State House and with our national representatives on these important issues and bring about more funding and programs aimed at prevention, treatment and recovery.
- Build a network of collaboration between Rotary, government and the people, like you, who have worked tirelessly to minimize the impact of this epidemic.

Today is the next step in this dialog. Combining our World Peace and Understanding Dinner with a Showcase of organizations who share our beliefs that caring for those less fortunate and building a deeper association of service, will hopefully Make a Difference.

Thank you for all you do!



David J. Gardner
District Governor, District 7930

Rotary



**ROTARY:
MAKING A
DIFFERENCE**

Table of Contents

Marian Ryan Bio, Middlesex County District Attorney	4
Dr. Barry Ginsberg, Chief Medical Officer, Lahey Health	5
Addiction Recovery Services	6
Column Health	7
Danvers Cares	8
Granite Recovery Centers	9
Improbable Players	10
Into Action Recovery	11
Ipswich Aware	12
Lahey Health Behavioral Services	13
Lahey Health Pain Medication Center	14
Lawrence Methuen Community Coalition	15
Learn to Cope	16
Link House	17
Massachusetts Prevention Alliance	18
Methuen Police - C.A.R.E.S	19
MVPASAP	20
Mystic Valley Public Health Coalition	21
Navy's Campaign Drug Free Program	22
Plymouth House	23
Police Assisted Addiction & Recovery Initiative	24
Rotary Club of Andover - Andover Cares	25
The Brook Retreat	26
The Megan House Foundation	27
Tough Love Intervention	28
Zach's Team Foundation	29

Thank You!

Your participation in today's showcase is the extension of the partnership that Rotary and organizations who are focused on preventing and treating addiction. We thank you for all you do and hope that Rotary can continue to play a meaningful role in supporting your mission!

WORLD PEACE AND UNDERSTANDING DINNER

KEYNOTE SPEAKER



Marian Ryan

Middlesex County District Attorney

Elected to office in 2014, Middlesex County District Attorney Marian Ryan represents the Commonwealth's largest county with 54 towns and cities and 26 colleges in urban, suburban, and rural areas, comprising over one quarter of the population of Massachusetts.

District Attorney Ryan is a career prosecutor with significant courtroom experience having prosecuted many of Middlesex County's most complex and challenging cases. She is a talented appellate attorney and has briefed and argued more than 40 cases in the Massachusetts Appeals Court and Supreme Judicial Court. As District Attorney, she is responsible for the prosecution of approximately 40,000 cases a year.

From her experience she has learned that as important as prosecution is, prevention is equally as important and leads to a better outcome. She is a recognized expert on developing and creating innovative solutions that are defined by not simply getting involved after a criminal act has occurred but instead taking meaningful steps to stop crime before it happens.

District Attorney Ryan has been a leader in domestic violence prevention and prosecution for over three decades and has conducted trainings across the county for prosecutors, law enforcement officers and service providers on recognizing the signs of domestic violence.

She regularly lectures and leads workshops on workplace safety, the dangers of prescription drug abuse, teen dating violence, anti-bullying, and distracted driving; and has been acknowledged for her leadership on the opioid crisis and on developing initiatives aimed at keeping children safe and protecting our seniors .

District Attorney Ryan has received a number of awards and peer recognition for her trial skills and community involvement including receiving the Middlesex County Bar Association Lifetime Achievement Award and the Boston College Law School's David Nelson Public Service Award.

District Attorney Ryan has significant teaching experience as an adjunct professor at both graduate and undergraduate levels. She is currently on the faculty of Lasell College in Newton, where she teaches courses in Constitutional Law and the American Legal System. She has previously taught at Emmanuel College and Wentworth Institute and has served as an instructor at Harvard Law School's Trial Advocacy Workshop.

As the only female District Attorney in the state of Massachusetts, she is committed, through her volunteer work with the Women's Bar Foundation, to mentoring women lawyers and law students as they begin their legal careers. She has also served on the faculty of numerous professional and community boards focused on training practicing lawyers, including the National Association of District Attorneys, the Massachusetts Bar Association, the Massachusetts District Attorneys Association, and Massachusetts Continuing Legal Education.

District Attorney Ryan grew up in Somerville and is a summa cum laude graduate of Emmanuel College and a cum laude graduate of Boston College Law School.

MESSAGE FROM LAHEY HEALTH



Barry Ginsberg, M.D.
Chief Medical Officer
Lahey Health Behavioral Services

Dr. Ginsberg is certified by the American Board of Psychiatry and Neurology in both psychiatry and psychosomatic medicine, and is a distinguished life fellow of the American Psychiatric Association. He completed residency training at the Harvard/Massachusetts Mental Health Center and Peter Bent Brigham Hospitals, and fellowship training at Tufts in both consultation-liaison psychiatry and psychotherapy. He was Medical Director of BayRidge Hospital from 1997-2016, and Chief of Psychiatry at Beverly/Addison Gilbert Hospitals from 2006-2017. He is a Certified Physician Executive and member of the American Association for Physician Leadership.

DISCUSSION OF A PILOT ROTARY GRANT

Heidi Heilman
Founder and CEO
Edventi

Heidi Heilman is the Founder and CEO of Edventi, a new company merging the most recent advances in science and research with cutting edge educational technology to provide substance abuse prevention education tools and curricula to schools and communities. The initial product, an educational tool on youth marijuana prevention launched in 2015 has been featured at the United Nations several times, is being used in over 500 schools and communities, and has sold across the globe.

Ms. Heilman's experience in drug policy, prevention and treatment has helped advance the mission of several noteworthy non-profit organizations working to address substance abuse and addiction and promote healthy youth development. Ms. Heilman led the founding and continues to serve as President of the Massachusetts Prevention Alliance, a non-profit educational and advocacy organization serving to protect the health and well-being of youth through sound public health policy. Through her vision and leadership, she established and drove a SAMHSA drug-free communities support program, securing over a million dollars in grant funding and municipal appropriations to reduce local youth substance abuse through multi-sector collaboration. Prior to this work, Ms. Heilman was the Director of Field Services for SADD National coordinating state and federal agency initiatives to develop and strengthen youth prevention education and leadership development in high schools and communities across the United States. Ms. Heilman began her career as a treatment provider at a youth drug rehabilitation facility in Oregon, followed by positions as substance abuse prevention clinician and educator at both the high school and college levels in New England. Ms. Heilman earned an MSW from the University of Maine, and a BA in Psychology from Wheaton College. She lives with her husband and three young children outside of Boston, Massachusetts.



ADDICTION RECOVER SERVICES

23 Stiles Road Ste 108
Salem, NH 03079
603-212-9037
arsnh.com

MISSION STATEMENT

Acord was founded in 1991 with the mission of empowering individuals and families to feed themselves in a nutritionally balanced way. We are a nondenominational, green, grassroots organization staffed by more than 100 volunteers and supporting almost 4,000 client visits each year.

Clients are allowed to shop once per week on any of the three days we're open and may choose from the variety of items we offer. Our bags include fresh dairy, eggs, meat, fish, fresh produce, and shelf stable items.

CORE PROGRAMS

School Lunch Program

Acord provides families with children additional support during school vacation weeks, including the summer months.

Holiday Meal Program

Acord provides all clients additional items during the holidays enabling our families to prepare their own holiday meals.

Farm to Table

Acord partners with Hamilton-Wenham Grow-A-Row, Three Sisters Garden Project, The Food Project, Green Meadows Farm & the Trustees of the Reservations, Appleton Farms. Through these partnerships we are able to provide a variety of fresh, nutritious fruits and vegetables to our clients; as well as recipes and education regarding preparation and storage. During the winter months, Acord purchases fresh produce to distribute to our clients.

Emergency Meals

Acord provides food assistance to families in crisis in the Hamilton – Wenham communities.

Acord is a partner of the Greater Boston Food Bank, North Shore United Way and a member of the North Shore Hunger Network.

How can Rotary help?

IT/computer services, other services as needs arise

Contact Information:

Stacey Verge

Executive Director

978-468-7424

acord.director@gmail.com

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Contact Information:

Stacey Verge

Executive Director

978-468-7424

acord.director@gmail.com



DANVERSCARES Prevention Coalition

64 Cabot Road
Danvers, MA 01923
978-777-8932 x2214
<http://columnhealth.com>

MISSION STATEMENT

DanversCARES mission is to help youth and families make healthy decisions, to reduce youth substance use, and support a safe and healthy community for all.

CORE PROGRAMS

Opiate Substance Use Prevention

Co-ordinated youth substance use prevention and community youth programs

Atlas and Athena-evidence based substance use prevention for youth

Scholastic Rx Drug Prevention Program

Strengthening Families evidence based substance use prevention program

ParentsCARE Media Campaign

HISTORY

DanversCARES is a program of the Town of Danvers, MA sponsored by the Danvers Public School Department and is funded by state and federal grants, local donations, and the Danvers Public Schools.

DanversCARES started in the mid 1990's as a school-based health advisory committee with the vision to invite community partners to the table to support school based-health and physical education efforts.

Since then, the group has evolved into a formal community-based coalition with representatives from various parts of Danvers. Central to our philosophy is the principle that coalitions are built on community involvement and designed to address local needs. This is done through collaborative dialogue, prioritizing concerns, and seeking partners and resources to support the work. Everyone has something to contribute.

HOW CAN ROTARY HELP?

Rotarians can volunteer or become a sponsor of our Opiate Prevention walk event: Light the Night Purple. Photography, graphic design are always helpful. If we incorporate as a 501c3, we will need some accounting, legal and development expertise. We are a grant funded entity of the Town of Danvers.

Contact Information:

Pat Sallade

Director, DanversCARES

978-777-8932 x 2214

pegsallade@danvers.org



GRANITE RECOVERY CENTERS

27 Hazel Drive
Hampstead, NH 03841
310-927-1245
www.graniterecoverycenters.com

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Contact Information:

Sarah Stewart

Director, DanversCARES

978-777-8932 x 2214

pegsallade@danvers.org

improbable **PLAYERS**

BOSTON & NEW YORK

IMPROBABLE PLAYERS

22 Mount Auburn Street
Watertown, MA 02472
800-437-4303
improbableplayers.org

MISSION STATEMENT

To set the stage for prevention by educating the public about addiction and recovery through dramatic performances and theater workshops - presented by actors who are in long-term recovery from addictions - that help people recognize situations in their own lives and seek the help they need.

CORE PROGRAMS

Stages- An SNL-like sketch revue that satirizes and highlights the misconceptions & consequences of substance misuse.

Workshop Series- 5 interactive, high-student ratio workshops where we teach about misconceptions, peer dynamics, how to say no role play, positive relationships, and coping mechanisms. Culminates in a showcase of student work.

Full Play- A 45 minute four person performance of your choice followed by a talk back led by our actors in recovery.

Professional Development & Adult Trainings- Using our mix of storytelling and theatrical techniques we have two workshops aimed at adults. The first is for educators of all kinds. It teaches teachers how to use interactive teaching techniques to engage students in conversation around difficult topics. The second is for all adults. It aims to arm participants with the 7 rules of how to engage someone who might have a substance use problem.

NARCAN training can be added to all workshops and shows free of charge.

HOW CAN ROTARY HELP?

We have real need for graphic design, marketing, and office assistance.

Contact Information:

Andy Short

Co-Director

781-541-0510

players@improbableplayers.org



INTO ACTION RECOVERY

22 Mount Auburn Street
Watertown, MA 02472
800-437-4303
improbableplayers.org

MISSION STATEMENT

To set the stage for prevention by educating the public about addiction and recovery through dramatic performances and theater workshops - presented by actors who are in long-term recovery from addictions - that help people recognize situations in their own lives and seek the help they need.

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NARCAN training can be added to all workshops and shows free of charge.

HOW CAN ROTARY HELP?

We have real need for graphic design, marketing, and office assistance.

Contact Information:

David Hanley

Co-Director

781-541-0510

hanley_david@ymail.com

IPSWICH AWARE

PO Box 265

Ipswich MA 01938

508-328-3883

ipswichaware.org

IPSWICH AWARE

MISSION STATEMENT

We work to bring resources from different areas of the community to promote awareness, education, and prevention of substance abuse in the town of Ipswich. Together, we strive to support each other and reduce the stigma surrounding addiction.

Ipswich Aware is ready to face some of the most challenging problems in our community. United by a drive to connect people to life-changing resources, Ipswich Aware is a collaborative that brings together some of the individuals and agencies best equipped to help.

What we face, we face it together. We are seeking solutions. We have the resources.

CORE PROGRAMS

Local Recovery Groups in the Ipswich area.

Help for Families - When someone is battling substance abuse, it affects his or her entire family. From children to grandparents to spouses, everyone suffers. Local support groups, physicians, and legal counsel can help families heal.

Resources for Recovery - Overcoming addiction does not happen one time in a rehab facility. Ongoing emotional support, specialized health care, continuing education, job training, and strategies on dealing with relapse are all part of healing.

Understanding an Epidemic - Knowledge is a powerful tool. Understanding changing legislation, learning how opiates change the brain, training to use Narcan, identifying genetic risk factors for addiction: education is the best prevention.

HOW CAN ROTARY HELP?

We have real need for graphic design, marketing, and office assistance.

Contact Information:

David Clark

Co-Director

781-541-0510

dclark@dfclark.com



LAHEY HEALTH BEHAVIORAL SERVICES

199 Rosewood Drive, Suite 250

Danvers, MA 01923

978.968.1700

lahey.org

MISSION STATEMENT

Putting You First

Providing the right care for who matters most, you.

Lahey Health brings you the comfort of knowing your health is always in the best hands, in a place that's closer to home. Our nationally recognized specialists, superb primary care physicians and award-winning hospitals and services make it easy for you to become and stay healthy.

We offer services you can count on throughout your life, and with a full spectrum of seamlessly integrated and accessible resources and a smart approach to delivering care, we're with you every step of the way.

CORE PROGRAMS

Lahey Health has more than 1,400 local providers in adult and pediatric primary care and almost every medical specialty. Find your way to better healthcare today.

We serve the greater Boston area, the North Shore and the Merrimack Valley providing a wide a range of outpatient, inpatient and residential care, including mental health clinics; addiction treatment; family services; outreach counseling; mobile crisis teams; inpatient psychiatric treatment and school-based programs for children and teens. Many of our services are available in Spanish, Khmer and other languages as well as English.

HOW CAN ROTARY HELP?

We have real need for graphic design, marketing, and office assistance.

Contact Information:

Marylou Hardy

Lahey Health Regional Community Relations Manager

781-744 - 3131

marylou.hardy@lahey.org

Barry Ginsberg, M.D.



LAHEY HEALTH PAIN MANAGEMENT CENTER

Lahey Outpatient Center
480 Maple Street, Suite # 203
Danvers, MA 01923
978-304-8621
lahey.org

MISSION STATEMENT

At the core of the Pain Management Center is a team of experienced health professionals from multiple specialties dedicated to caring for individuals experiencing acute or chronic pain. The center's physicians are board certified in pain medicine, neurosurgery, physiatry (nerve, bone and muscle experts) and psychiatry. Additional members of the team specialize in psychology, physical therapy, occupational therapy, acupuncture, Reiki, massage, and wellness and disease management. Care is coordinated by a pain medicine nurse practitioner, and an individual care plan is designed for each patient. Together and in one convenient location, the Pain Management Center team ensures that every possible avenue is pursued when treating and managing a wide variety of pain-related conditions.

CORE PROGRAMS

The Pain Management Center offers an extensive range of treatment options including interventional procedures performed in a state-of-the-art interventional procedure suite, rehabilitation, medication management, alternative therapies, counseling, support and education. Individual treatment plans include one, some or all of these services, and are revisited at regular intervals and modified as needed.

HOW CAN ROTARY HELP?

We have real need for graphic design, marketing, and office assistance.

Contact Information:

Marylou Hardy
Lahey Health Regional Community Relations Manager
781-744 - 3131
marylou.hardy@lahey.org

Kenneth Branton, M.D.

LAWRENCE COMMUNITY COALITION

112A E Haverhill Street
Lawrence, MA 01841
978-975-8793
lahey.org

MISSION STATEMENT

At the core of the Pain Management Center is a team of experienced health professionals from multiple specialties dedicated to caring for individuals experiencing acute or chronic pain. The center's physicians are board certified in pain medicine, neurosurgery, physiatry (nerve, bone and muscle experts) and psychiatry. Additional members of the team specialize in psychology, physical therapy, occupational therapy, acupuncture, Reiki, massage, and wellness and disease management. Care is coordinated by a pain medicine nurse practitioner, and an individual care plan is designed for each patient. Together and in one convenient location, the Pain Management Center team ensures that every possible avenue is pursued when treating and managing a wide variety of pain-related conditions.

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HOW CAN ROTARY HELP?

We have real need for graphic design, marketing, and office assistance.

Contact Information:

Deanna Cruz

Lahey Health Regional Community Relations Manager

978-688-5294

508-517-2281

dcruz@mylmcc.org



LEARN TO COPE
“Coping Today” Grief Support
191 Essex Street
Marlborough, MA 01752
978-875-0606
learn2cope.org

MISSION STATEMENT

Learn to Cope is a non-profit support network that offers education, resources, peer support and hope for parents and family members coping with a loved one addicted to opiates or other drugs. Founded by Joanne Peterson in 2004, the organization has grown to include over 10,000 members, and has become a nationally recognized model for peer support and prevention programming.

Coping Today is a division of Learn to Cope. We focus on support for family members who have lost a loved one from substance use disorder (overdose).

CORE PROGRAMS

Grief Resources

We want to express our deepest sympathy to anyone who has lost a loved one to the disease of addiction. The feelings we go through after such a devastating loss may seem unbearable at times, and it is important to seek the support of others so that we can begin to heal. The Learn to Cope members and those Coping Today are “family” and we are here to help.

Everyone goes through the process of grief differently. The stages of grief do not necessarily go in order, and there is no specific timetable for the length or timing of each stage. It can be a complicated process. It is important to be patient with yourself and to work through these intense emotions in your own way.

HOW CAN ROTARY HELP?

We could use help with marketing so that people know we exist and can offer peer support.

Contact Information:

Kathy Leonard
Grief Support Facilitator
978-875-0606
drummerinheaven@gmail.com

Cheryl Juairé
Contact Group Leader
978-375-4941
copingtoday2017@gmail.com



LINK HOUSE
197 Elm Street
Salisbury, MA 01952
978-462-0787
linkhouseinc.org

MISSION STATEMENT

Link House, Inc. provides residential programs in Salisbury, Newburyport, and Amesbury for men and women who struggle with drug and alcohol addictions.

We are a non-profit organization, founded in 1972, that has successfully served more than 5,000 men and women with our gender-specific substance abuse recovery programs.

CORE PROGRAMS

24-hour supervised setting

Ongoing case management services, with individualized treatment tailored to each client

Located in downtown Newburyport and accessible by public transportation

Daily group programming, and access to community supports and services

Daily self-help meetings

Individual and group therapy

Food, bedding, and hygiene supplies provided

Transportation to medical, therapeutic and legal appointments

Weekly recreational outings and activities

HOW CAN ROTARY HELP?

We could use help with marketing so that people know we exist and can offer peer support.

Contact Information:

Gary Gastman

Executive Director

978-462-0787 x301

ggastman@linkhouseinc.org

AFFILIATED FACILITIES:

Progress House

39 High Street

Amesbury, MA 01913

978-834-0088

The Elm

33 Friend Street

Amesbury, MA 01913

978-388-3373

Marist Center

197 Elm Street

Salisbury, MA 01952

978-462-2595



MASSACHUSETTS PREVENTION ALLIANCE

PO Box 65
Lincoln, MA 01773
508-439-0926
mapreventionalliance.org

MISSION STATEMENT

The Massachusetts Prevention Alliance is a nonpartisan, 501(c)3 nonprofit organization that advocates, educates and collaborates to protect young people from addiction and substance abuse.

CORE PROGRAMS

Leading the Commonwealth in promoting healthy lives through the prevention of substance abuse, addiction and related problems, the Massachusetts Prevention Alliance provides educational resources and advocates for sound public health and safety policies to protect and promote the health and well-being of all Massachusetts youth.

HOW CAN ROTARY HELP?

We could use help with marketing so that people know we exist and can offer peer support.

Contact Information:

Heidi Heilman
Executive Director
508-439-0926
heidih@edventi.com



METHUEN POLICE - C.A.R.E.S INITIATIVE

90 Hampshire Street
Methuen, MA 01844
978-983-8698
cityofmethuen.net

MISSION STATEMENT

C.A.R.E.S Initiative integrates Public Health and Public Safety practices to address the addiction epidemic in the community. We are dedicated to reduce recidivism rates of substance use and crime by raising awareness, providing recovery resources and outreach to the larger community.

CORE PROGRAMS

Community Outreach

Addiction education

Relapse Prevention

Family Meetings

HOW CAN ROTARY HELP?

Accounting, marketing, social media, contracting, graphic design, office support, etc.

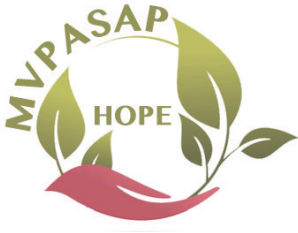
Contact Information:

Cole Welch

Community Engagement Specialist

978-701-7782

cwelch@cityofmethuen.net



MVPASAP

Merrimack Valley Prevention and Substance Abuse Project
90 Hampshire Street
Methuen, MA 01844
978-886-2949
mvpasap.com

MISSION STATEMENT

Our mission is to engage and encourage all community members to work together, to promote awareness, education, prevention and treatment of substance use in our communities.

CORE PROGRAMS

Providing resource materials at appropriate community events. Sponsoring our own annual event in September which has featured speakers, films and theatrical performers along with a variety of resource exhibitors. We also reach out to the local schools to provide educational opportunities.

HOW CAN ROTARY HELP?

Our organization is young and in need of a variety of services. Marketing and navigating best use of social media are key areas to develop. In addition we could use assistance with effective fundraising strategies.

Contact Information:

Libby Straus
Vice President of Board of Directors
978-223-5044
libby.straus@comcast.net

Katie Leverriere
978-557-9235
kasthryn.laverriere@gmail.com



MYSTIC VALLEY PUBLIC HEALTH COALITION

90 Hampshire Street

Methuen, MA 01844

781-393-2449

mysticvalleypublichealth.org

MISSION STATEMENT

Mystic Valley Public Health Coalition (MVPHC) is a coalition of health departments representing Malden, Medford, Melrose, Stoneham, Wakefield and Winchester. It was developed in 2004 to address Emergency Preparedness mandates from the Centers for Disease Control and Prevention (CDC).

Since 2004, a strong system of collaboration has expanded efforts throughout the region. Emergency Preparedness efforts prompted the need for volunteers, which led to Mystic Valley Medical Reserve Corps. Shortly after, a regional tobacco control grant was awarded and has since changed the landscape of tobacco policy in the Mystic Valley. In 2013, the MVPHC received the Massachusetts Opioid Abuse Prevention Collaborative (MOAPC) grant, and in 2015 received the Substance Abuse Prevention Collaborative (SAPC) grant focusing on underage drinking and marijuana. The MVPHC is a collaboration of both grant-funded and non-funded community coalitions.

CORE PROGRAMS

Youth substance use prevention and emergency preparedness

HOW CAN ROTARY HELP?

Our organization is young and in need of a variety of services. Marketing and navigating best use of social media are key areas to develop. In addition we could use assistance with effective fundraising strategies.

Contact Information:

Elizabeth Parsons

Regional Substance Abuse Prevention Coordinator

781-979-4132

eparsons@cityofmelrose.org

Shelly MacNeill - Stoneham

781-858-6126

macneill616@gmail.com

U.S. NAVY'S COMMUNITY SERVICE PROGRAM CAMPAIGN DRUG FREE

P.O. Box 44
Marblehead, MA 01945
617-791-5221 or 617-293-8512

MISSION STATEMENT

The Department of the Navy is committed to ending substance abuse as a domestic threat to our country and its youth and has established and is sponsoring via one of its Flagship community service programs Campaign Drug Free (CDF).

CORE PROGRAMS

Outreach programs that effectively reduce drug and alcohol abuse by children through education, promoting health and fitness, encouraging alternates to drug use and promoting anti-drug lifestyles.

HOW CAN ROTARY HELP?

Assistance with marketing and promotional efforts re, the Campaign Drug Free message especially to local education and youth organizations.

Contact Information:

Robert A. Erbetta
Captain, U.S. Navy(ret)
617-791-5221
raerbetta@comcast.net



THE PLYMOUTH HOUSE

446 Main Street
Plymouth, NH 03264
978-645-7067 or 603-536-5500
theplymouthhouse.com

MISSION STATEMENT

Guiding others to get to a healthy place to move forward with a productive life!

CORE PROGRAMS

Abstinence based 12 step program

Nestled in the foothills of The White Mountains of New Hampshire The Plymouth House provides our guests with a safe, serene and comfortable environment to overcome their addiction and recover.

As a guest at The Plymouth House you will:

Learn about and become part of the recovery community.

Learn about the Twelve Steps; the principles and practices developed by the founders of Alcoholics Anonymous.

Move rapidly and confidently into recovery.

Although we are a retreat teaching the Twelve Steps, The Plymouth House is not affiliated with Alcoholics or Narcotics Anonymous.

The Plymouth House occupies over 21 acres in a scenic rural setting in Plymouth, NH just south of the beautiful White Mountains.

HOW CAN ROTARY HELP?

Social media and word of mouth support!

Contact Information:

Jimmy Bradley
Family and Community Outreach Coordinator
978-645-7067
jimmy@theplymouthhouse.com

PAARI

The Police Assisted Addiction and
Recovery Initiative

POLICE ASSISTED ADDICTION & RECOVERY INITIATIVE

186 Main Street
Gloucester, MA 01930
508-212-9831
paariusa.org

MISSION STATEMENT

The Police Assisted Addiction and Recovery Initiative is a nonprofit organization whose mission is to support the Gloucester Police addiction initiative, to aid other police departments to implement similar programs, and to foster a dialogue around the unique opportunity for police departments to take direct action against the disease of drug addiction in their communities.

CORE PROGRAMS

In June 2015, after a series of overdose deaths, the Gloucester Police Department launched the groundbreaking Angel Initiative, which promised that anyone walking into the police station to request help with a substance use disorder would be given an immediate pathway to treatment, not arrest. That same month, the Police Assisted Addiction & Recovery Initiative (PAARI) was founded as a 501c3 nonprofit to accelerate this movement and help other law enforcement agencies create pathways to treatment and recovery. PAARI provides technical assistance and support, convenings, seed grants, connections to treatment centers, a network of like-minded law enforcement agencies, a unified voice with media and legislators, and capacity building through AmeriCorps. Since June 2015, PAARI has launched more than 375 law enforcement programs in 32 states and helped more than 12,000 people take the first steps on their path to recovery.

HOW CAN ROTARY HELP?

Marketing, fundraising, spreading the word to police departments.

Contact Information:

Allie Hunter McDade
Executive Director
508-212-9831
allie@paariusa.org



ANDOVER CARES ROTARY CLUB OF ANDOVER

PO Box 1152
Andover, MA 01810
978-886-7713
andovercares.org

MISSION STATEMENT

Our mission is to address the addiction and substance use in our community through three pillars of support: increased education, prevention & awareness.

Andover Cares brings resources within our community to help families navigate through the reality of destructive substances. Our purpose is to not just deter the use of substances, but to address the core root of the affliction: depression, addiction, mental illness, etc.

The Andover Cares Fund (the "Fund"), is an arm of the Andover Rotary Charitable Trust. The Fund was established to raise & award grant money to organizations that can make a difference in the fight against substance abuse and addiction. The problem is complex and there is no one answer. The best solutions will come from those on the front lines—our educators, law enforcement and health professionals.

CORE PROGRAMS

The Andover Community Support Coordinator develops, collaborates and implements programs for substance abuse prevention, addiction awareness and wellness and prevention for residents, businesses and families. They also provide counseling services to individuals and families impacted by addiction, substance abuse and related mental health issues and make appropriate referrals to available programs and resources.

HOW CAN ROTARY HELP?

Marketing, fundraising, spreading the word to police departments.

Contact Information:

Al Ruthazer
Chairperson, Andover Cares
978-886-7713
andovercaresinfo@gmail.com

Sobhan Namvar
Licensed Social Worker:
snam@andoverps.net
978-475-0411 x1018
Andover Community Drop-In Center
Old Town Hall
20 Main Street
Andover MA 01844

BROOK RETREAT

STRUCTURED SOBER LIVING FOR MEN AND WOMEN

THE BROOK RETREAT

215 Summer Street
Weymouth MA 02188
781-285-5760
andovercares.org

MISSION STATEMENT

We believe that addiction is a disease of the body, mind, and spirit. In order to overcome addiction a person needs to have a psychic change; which is to change the way they think and act. It means to recreate your life with a new set of principles. We do this by immersing ourselves in the Twelve Steps, which are actions spelled out in the Big Book of Alcoholics Anonymous. "Staying busy and getting back to work" are not things that produce this psychic change. You will find a strong fellowship in this community, you will make lasting friends, but the "what" will keep you sober is the program that binds us all together.

The Brook Retreat is solely operated by those who have recovered from addiction, be it alcohol, heroin, cocaine. Be it the first, second, or twenty-fifth time trying to get sober. The common denominator is that we all practiced the spiritual program fearlessly and thoroughly. We became free. We found a design for living that really works.

CORE PROGRAMS

Addiction recovery programs for men and women.

HOW CAN ROTARY HELP?

Marketing, social media , graphic design.

Contact Information:

Maggie Mulrooney
Co-Director
857-312-5261
maggie@brookretreat.org



THE MEGAN HOUSE FOUNDATION

32 Berry Road
Lowell, MA 01854
978-606-9955
themeganhouse.org

MISSION STATEMENT

The mission at Megan's House is to improve the quality of life of its residents through an evidence based substance abuse treatment program that emphasizes individual dignity, self-respect and empowerment.

In doing so the treatment team utilizes flexibility, support and outstanding client services to meet individual needs and establish a culture that promotes wellness and success.

CORE PROGRAMS

Megan's House is a therapeutic community, where residents participate in a long-term, comprehensive wellbeing program for up to six months (or longer if needed) to forge a personalized path to sustained recovery from substance use disorder.

Program elements address physical, social, emotional health, life skills and personalized plans for a substance free future:

- Individual, group and family counseling from experienced licensed mental health and alcohol/drug addiction counselors

- One-on-one success coaching to develop personal goals for employment, training, or further education

- Access to community support meetings, such as Narcotics Anonymous (NA)

- Opportunities for group fun at sports or arts events, etc.

- Art Therapy, Equine Therapy (as available)

- Physical Fitness from boxing to yoga

- Basic life skills-building from establishing routines to financial literacy

- Onsite weekly access to a prescribing nurse practitioner, for medication prescription maintenance

- Individual support to facilitate medical needs, legal responsibilities, etc.

HOW CAN ROTARY HELP?

Marketing, social media , graphic design.

Contact Information:

Kathleen McDonald

Executive Director

978-606-9955

kmcdonald@themeganhouse.org



TOUGH LOVE
INTERVENTION
PRIVATE K9 NARCOTICS DETECTION

TOUGH LOVE INTERVENTION

37 Farnham Street
Lawrence, MA 01843
978-337-0925

toughloveintervention.com

MISSION STATEMENT

To prevent an accidental overdose while securing & maintaining a narcotics FREE environment for all our clients.

CORE PROGRAMS

The Brook Retreat is solely operated by those who have recovered from addiction, be it alcohol, heroin, cocaine. Be it the first, second, or twenty-fifth time trying to get sober. The common denominator is that we all practiced the spiritual program fearlessly and thoroughly. We became free. We found a design for living that really works.

HOW CAN ROTARY HELP?

Social media exposure & marketing would be of great help. Not many individuals are even aware that this service is available to them. I'm one of very few on the entire East coast of the United States providing private K-9 narcotics detection. This service can prevent an accidental overdose if utilized correctly. I've been in private homes, sober living facilities, & treatment centers. My K-9 has uncovered heroin, cocaine, marijuana, & methamphetamine on various searches. I also provide free narcotics detection work with volunteers cleaning up used needles at children's parks & playgrounds in the city of Lawrence, MA. We've found and disposed of thousands of used needles and narcotic debris.

Contact Information:

Kevin Drouin
Owner/CEO
978-337-0925
kdrouin@msn.com

ZACK'S TEAM FOUNDATION

ZACK'S TEAM FOUNDATION

50 Tower Farm Road
Billerica, MA 01821
978-257-5971
zacksteam.org

MISSION STATEMENT

We believe that recovery is possible. We consider it our duty to bring attention to the common misconceptions of substance abuse. It is our mission to provide knowledge, hope and funds to help those families and persons affected by this wide-spread epidemic and disease. "Save our families. Save our friends. Save our future."

Zack's Story

Zachary Dennis Gys passed away on July 19, 2013 from an accidental morphine overdose at the age of 21. He struggled with substance abuse for many years. However, he was so much more than that. He was our son, our brother, our nephew, our grandchild, our cousin, and our friend. Zack had an amazing sense of humor and at the worst of times he could still make you laugh. We remember him with joy in our hearts. We remember him for the athlete he was, for the kindness in his soul, and for his unwavering love for his family. We remember Zachary not as an addict, for that was only one small part of his being, but as a person, who we were lucky enough to have 21 years with.

CORE PROGRAMS

About Zack's Team Foundation & Scholarship Fund

Many people fail to realize that substance abuse is a disease. It takes over one's mind and body. Substance abuse stifles the growth of an individual both physically and mentally. It becomes a lifelong battle and it is almost impossible to win the battle alone. Zack's Team uses 100% of its proceeds to send individuals to treatment. We believe in a 12 step based approach. We are committed to helping individuals overcome the disease of addiction. We are also committed to spreading awareness and reversing the stigma that is often associated with those that suffer from this debilitating disease. However, we cannot accomplish our goals alone. We rely heavily on you for support whether it be mentally or financially. We hope you will continue to support us. We are grateful to you for without you none of this would be possible.

HOW CAN ROTARY HELP?

Social media exposure & marketing.

Contact Information:

Louise Griffin
President
978-257-5971
zacksteam818@gmail.com

World Peace & Understanding Showcase & Dinner

Educate • Advocate • Collaborate



INTRODUCING OUR KEYNOTE SPEAKER

Middlesex County District Attorney Marian Ryan will present an overview of the opioid crisis, what is being done to mitigate its effects and what we can do to Make a Difference!

Her leadership on the opioid crisis and in the development of initiatives dealing with prevention and treatment demonstrates the power of public and private partnerships.



WHAT IS THE SHOWCASE?

The Showcase will feature organizations who are dedicated to Making a Difference in the field of drug addiction. Learn about resources available to your community and how you can volunteer to help them succeed in their mission.

We have the power to help educate our friends, family and neighbors, build a strong advocacy program to ensure proper funding from the state, and to develop better connections with all those who want to defeat addiction through collaboration. Showcase is free, Dinner is \$60.00.



MAKING A DIFFERENCE THROUGH MINI-GRANTS

Thanks to Lahey Health, we will match \$2,500 worth of mini-grants for Rotary Clubs in District 7930 with a focus on education, advocacy and/or collaboration in the field of addiction. Come to the Showcase to find a partner or an idea and submit an application to receive up to \$250 in matching funds to help your community in the fight against this epidemic.

The Showcase is free to attend, but if you want to hear Middlesex County District Attorney Marian Ryan speak, invest \$60 to stay for dinner and learn what we can do to support this effort!



Register at
www.rotary7930.org
today!

February 28, 2018
DoubleTree by Hilton Boston North Shore
Danvers, Massachusetts

Showcase - 3 - 5 pm • Networking Reception 5 - 6 pm
Dinner 6 - 8 pm with Keynote District Attorney Marian Ryan

A Special Thank You to



for sponsoring the Showcase
and for the additional funding to
provide \$2,500 in matching grants
to Rotary Clubs in District 7930.

Inspire to Lead
Empower to Achieve

Rotary



**ROTARY:
MAKING A
DIFFERENCE**



Lahey Health

*Inspire to Lead
Empower to Achieve*

Rotary



**ROTARY:
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DIFFERENCE**